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Disappear--with Fiber! By Tanya Zuckerbrot**

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Tanya Zuckerbrot (Author of The F-Factor Diet) -

Tanya Zuckerbrot is the author of The F-Factor Diet (3.13 avg rating, 38 ratings, 6 reviews, published 2006), The Miracle Carb Diet Tanya Zuckerbrot s Followers.

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What is the Miracle Carb Diet. The Miracle Carb Diet was first introduced by Tanya Zuckerbrot in her book titled the "Miracle Carb Diet: Make Calories & Fat Disappear

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The Miracle Carb Diet Nutritional Content for Journaling. The Miracle Carb Diet: Make Calories & Fat Disappear with Fiber! (Hyperion, 2012) By Tanya

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